**Lakeside Place Senior Living**

**Sample Menu**

**Day One Day Two Day Three Day Four Day Five**

**Breakfast** Cereal of Choice Cereal of Choice Cereal of Choice Cereal of Choice Cereal of Choice

 Eggs to Order Eggs to Order Eggs to Order Eggs to Order Eggs to Order

 Bacon/Sausage Bacon/Sausage Bacon/Sausage Bacon/Sausage Bacon/Sausage

 Grits/Oatmeal Grits/Oatmeal Grits/Oatmeal Grits/Oatmeal Grits/Oatmeal

 Pancakes Biscuits and Gravy Waffles Toast and Jelly French Toast

 Coffee, Juice or Milk Coffee, Juice or Milk Coffee, Juice or Milk Coffee, Juice or Milk Coffee, Juice or Milk

**Lunch** Beef Cube Steak Shrimp Alfredo Herbed Pork Chop Baked Fish Buttermilk Fried Chicken

 Rice and Gravy Steamed Broccoli Blackeye Peas Potato Wedges Mashed Potatoes

 Summer Squash w/ Onions Seasonal Fresh Fruit Steamed Cabbage Creamy Cole Slaw Seasoned Green Beans

 Peach Cobbler Garlic Bread Stick Apple Crisp Carrot Cake Banana Split

 Cornbread Muffin Tea, Lemonade or Juice Wheat or White Roll Sour Dough Bread Biscuit

 Tea, Lemonade or Juice Tea, Lemonade or Juice Tea, Lemonade or Juice Tea, Lemonade or Juice

**Dinner** Soup De Jour Taco Salad Teriyaki Chicken Cheeseburger Ravioli w/ Marinara

Chicken Caesar Salad Fiesta Rice Fried Rice Lettuce, Onion, Tomato Tuscan Blend Vegetables

Crackers Roasted Corn Oriental Vegetables Sweet Potato Fries Lemon Bar

Key Lime Pie Ice Cream Mandarin Oranges Cinnamon Baked Apples Garlic Bread Stick

Tea, Lemonade or Juice Tea, Lemonade or Juice Tea, Lemonade or Juice Tea, Lemonade or Juice Tea, Lemonade or Juice